

Would you like to save
money on your monthly
food bill?



Women, Infant & Children
Supplemental
Food Program

WIC



WIC is funded by the United States Department of Agriculture.

The WIC Program serves pregnant women, breastfeeding women, postpartum women and children birth to age 5. A parent or guardian can apply for infants or children aged 1 through 4 years of age.

WIC Supplemental Food Program can help by providing monthly food vouchers.

The Average monthly value of WIC food vouchers per category is:

Toddler / Child \$52.00 Prenatal \$60.00 Postpartum \$45.00

Exclusive Breastfeeding Mom \$79.00 Fully Breastfed Infant \$86.00

Full Formula Fed Infant \$180.00

Even if you are already receiving food dollars on the Illinois LINC Card – think how much you could save each month with WIC vouchers. That money could be spent on other food items.

Food Vouchers may include the following foods based on category and nutritional needs:

- Infant formula, baby food
- milk, eggs, cheese,
- whole wheat bread, or pasta
- fruits, vegetables, juice
- brown rice, corn tortillas, oatmeal
- beans, peanut butter
- cereal
- tuna, salmon

The WIC Program has very liberal Eligibility Income Guidelines

A family of 4 can earn up to \$45,510.00 and still qualify for WIC.

For More Information Call Your Local Vermilion County Health Dept.
200 S. College, Suite A. Danville, IL 61832

217-431-2662 Press 1

“The US Department of Agriculture (USDA) and this institution is an equal opportunity provider”.
6/14/17 sp Bag Stuffer—B