

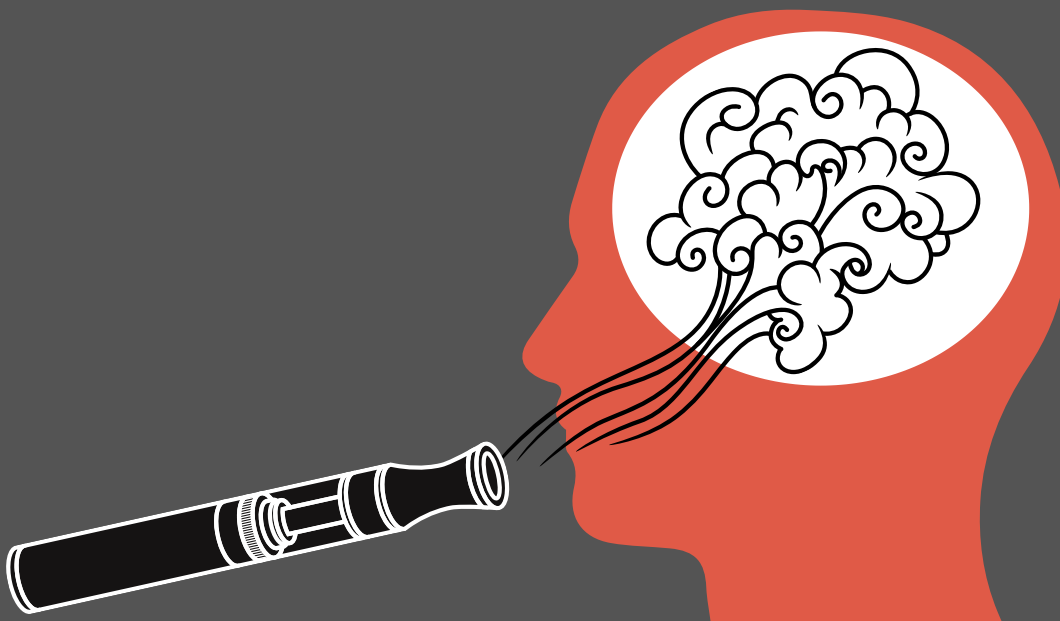
WHAT NICOTINE DOES TO THE BRAIN

Long term effects of nicotine exposure include
MOOD DISORDERS and **ADDICTION**

30.7% of teens that vape begin smoking
cigarettes within 6 months

Nicotine can worsen **ANXIETY,**
MOOD SWINGS, IRRITABILITY, & IMPULSIVITY

Long term nicotine use can cause
PERMANENT DAMAGE to the brain of a teen



Visit the [Center for Disease Control and Prevention](#) for more information

Vermilion County
Health Department



Public Health