WHAT NICOTINE DOES TO THE BRAIN

Long term effects of nicotine exposure include MOOD DISORDERS and ADDICTION.

30.7% of teens that vape begin smoking cigarettes within 6 months.

Nicotine can worsen ANXIETY, MOOD SWINGS, IRRITABILITY, & IMPULSIVITY.

Long term nicotine use can cause PERMANENT DAMAGE to the brain of a teen.

Visit the Center for Disease Control and Prevention for more information.