WIC Here for You During COVID-19

WIC is Open
Services and office hours may look different, with many offices offering phone services and curbside pick-up of WIC benefits.

WIC Serves
Pregnant, breastfeeding and postpartum women, infants, and children up to 5.

WIC Offers Nutritious Foods

- **Women and Children 1-5 years old**
  - Whole wheat bread and tortillas, cereal, milk, eggs, cheese, peanut butter, beans, and fruit and vegetables.

- **Breastfeeding Infants**
  - Infant cereal and jarred infant fruits, vegetables, and meats.

- **Non-breastfed Infants**
  - Formula, infant cereal, and jarred infant fruits and vegetables.

WIC Staff Provide
Breastfeeding support, nutrition education and referrals to various community resources.

Qualify for SNAP?
You may be eligible for WIC too!

Don’t Qualify for SNAP?
You may still qualify for WIC, check out our income guidelines:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Weekly</th>
<th>Monthly</th>
<th>Yearly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$445</td>
<td>$1,926</td>
<td>$23,107</td>
</tr>
<tr>
<td>2</td>
<td>$602</td>
<td>$2,607</td>
<td>$31,284</td>
</tr>
<tr>
<td>3</td>
<td>$759</td>
<td>$3,289</td>
<td>$39,461</td>
</tr>
<tr>
<td>4</td>
<td>$917</td>
<td>$3,970</td>
<td>$47,638</td>
</tr>
<tr>
<td>5</td>
<td>$1,074</td>
<td>$4,652</td>
<td>$55,815</td>
</tr>
<tr>
<td>6</td>
<td>$1,231</td>
<td>$5,333</td>
<td>$63,992</td>
</tr>
</tbody>
</table>

For each additional family member add $158

Weekly $682 Monthly $8,177 Yearly

To find a clinic near you:


Or call the automated office locator line:
1-800-323-4769 (voice) 1-866-295-6817 (TTY)

WIC does not require proof of citizenship or immigration status.

This institution is an equal opportunity provider.